



art tails

by MONET MOUSE

Think of someone special to you. Who are you thinking of?
What colors remind you of him or her?

MONET MOUSE'S

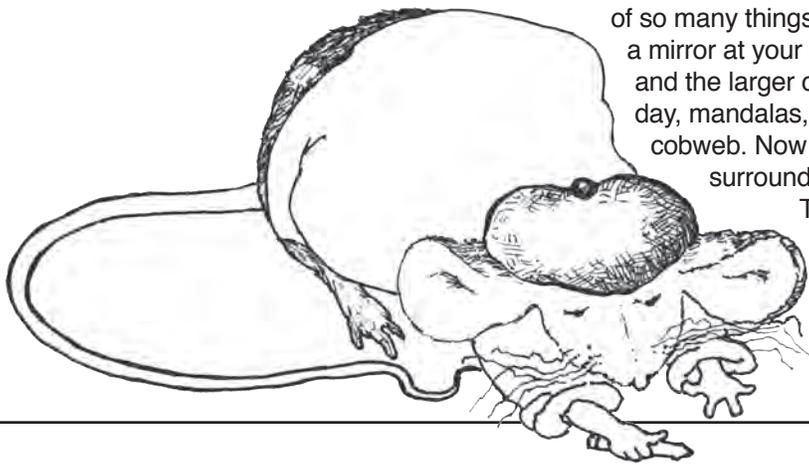
ARTRECIPE JUST FOR YOU MANDALA

Ingredients:

- Small square cardboard approx. 4"x4" hole punched at top
- Hole punch
- Glue filled containers
- Scissors
- Assorted colorful pieces of yarn
- Colorful beads
- 1 colorful stone - or large bead
- Hand wipes

- ⊙ Glue a colorful stone right in the middle of the cardboard mandala.
- ⊙ Glue the yarn pieces around it in a design.
- ⊙ Tie a longer piece of yarn through the hole and knot it.
- ⊙ Add 7 beads (one for each letter of Mandala.)
- ⊙ Knot it again, so the beads stay in place.
- ⊙ Give the mandala as a gift or hang it where you can see it and think about that special person.

 Monet Mouse



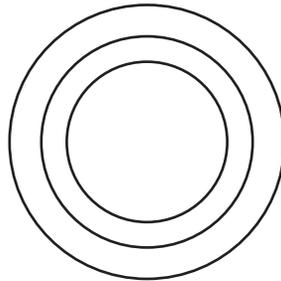
Mandalas are all around us. Monet Mouse is imagining the middle of so many things and what comes from that center. My, my - look in a mirror at your eyes, the small black circles (pupils) in the middle and the larger circles around them. What all those eyes see! To-day, mandalas, mandalas everywhere! Monet sees a mandala in a cobweb. Now a piece of fruit with its seed in the center and all that surrounds it. The spiraling of a shell from the tiny dot inside.

The clouds and birds and stars and planets in the sky above the round earth. The rings inside the trunk of a tree. The ripples of water from a stone plunked into still water. He closes his eyes and remembers the patterns of a snowflake. And when the little gray mouse looks at each one, he feels a part of it and is quiet inside.

MONET MOUSE'S **ARTRECIPE** FAMILY MANDALA

Ingredients:

- Large black chalk board or chalk board paper (can also paint chalkboard paint on a large board)
- Colorful chalk
- Sponges and water



- ⊙ As a family, make a circle in the center and then draw colorful shapes, patterns and lines around it.
- ⊙ When finished, sit together in front of your mandala.
- ⊙ Close your eyes.
- ⊙ Count to 10.
- ⊙ Feel quiet inside.
- ⊙ Open your eyes and look at the middle.
- ⊙ Now look at the whole mandala.
- ⊙ Close your eyes again. Can you imagine your mandala without looking right at it?
- ⊙ Take a photo of your mandala.
- ⊙ Wash it off.